



# Affened XL<sup>®</sup> (methylphenidate hydrochloride) prolonged release tablets

Information for patients who have been prescribed Affened XL<sup>®</sup>

## Affened XL<sup>®</sup> is available in four strengths

Your doctor will decide which strength to prescribe for you. See below for details of available strengths, and pictures of the packs.



## How to take Affened XL<sup>®</sup>

This is a summary, please read the Patient Leaflet inside your pack for full instructions.



### When to take Affened XL<sup>®</sup>

- You should take Affened XL<sup>®</sup> once each day in the morning with a glass of water.
- The tablet should be swallowed whole and not chewed, broken, or crushed. The tablet may be taken with or without food.
- The tablet does not dissolve completely after all of the drug has been released and sometimes the tablet shell may appear in your stools. This is normal.



### Use in children aged 6 years or over

- The recommended starting dose of Affened XL<sup>®</sup> is 18 mg once daily for children who are not currently taking methylphenidate, or for children who are switching from another ADHD medication to methylphenidate.
- The maximum daily dose is 54 mg.



### Use in Adults

- If you have already taken Affened XL<sup>®</sup> as a child or adolescent, the same daily dosage (mg/day) can be used; your doctor will check regularly to see if any adjustment is required.
- Adult patients may require a higher daily dosage but the doctor will aim to give you the lowest dose that is effective.
- For adults who have not taken Affened XL<sup>®</sup> before the recommended starting dose is 18 mg daily. The maximum daily dose in adults is 72 mg.

### If you forget to take Affened XL<sup>®</sup>

Do not take a double dose to make up for a forgotten dose.

## What is Affened XL<sup>®</sup>

Affened XL<sup>®</sup> is indicated as part of a comprehensive treatment program for Attention Deficit Hyperactivity Disorder (ADHD) in children aged 6 years of age and over and adults when remedial measures alone prove insufficient. It can help you complete daily tasks by improving patients attention and concentration levels, while reducing impulsive behavior. Please refer to patient information leaflet inside your pack for full details.

## Common Side Effects

Like all medicines, this medicine can cause side effects, although not everybody gets them and the majority of patients find that Affened XL<sup>®</sup> helps them manage their ADHD. Your doctor will talk to you about these side effects.

## Why has my prescription changed to Affened XL<sup>®</sup>

Affened XL<sup>®</sup> is a brand of methylphenidate hydrochloride prolonged release tablets. It contains the same medication and treats the same medical conditions as the original brand (Concerta XL<sup>®</sup>) and other brands of methylphenidate hydrochloride prolonged release tablets.

Brand Name	Generic Name
Affened XL <sup>®</sup>	methylphenidate hydrochloride
Concerta XL <sup>®</sup>	methylphenidate hydrochloride

**Please read the Patient Leaflet inside your pack before you start using this medicine. If you have any further questions, please ask your doctor, pharmacist or nurse.**

Packs and tablets shown are not to size or scale - for illustrative purposes only

## Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the

Yellow Card Scheme at: <https://yellowcard.mhra.gov.uk/> By reporting side effects, you can help provide more information on the safety of this medicine

Adverse events should also be reported to Zentiva via email to [PV-United-Kingdom@zentiva.com](mailto:PV-United-Kingdom@zentiva.com) or via phone on **0800 090 2408**.

